

CHEER LTD - A VARSITY BRAND

Individual Cheerleader



Athlete's Name _____

Division _____

Judge: _____

FUNDAMENTALS		MAXIMUM VALUE	TOTAL
MOTIONS & DANCE	8-10: Advanced Motions & Dance/Fast Pace/Good to Strong Technique 6-8: Intermediate Motions & Dance/Medium Pace/Average to Good Technique 4-6: Basic Motions & Dance/Slow Pace/Fair to Average Technique	10	
JUMPS	8-10: Advanced to Elite Combinations/Above Level to Hyperextended 6-8: Intermediate to Advanced Combinations/Below Level to Level 4-6: Basic to Intermediate Combinations/Lowest to Below Level	10	
TUMBLING	8-10: Advanced Passes/Front Tuck Combinations/ Back Tuck Combinations/ Good to Strong Technique 6-8: Intermediate Passes/BHS Series/ Back Tucks/ Front Tucks/ Average to Good Technique 4-6: Basic Passes/Front Hand Springs/BHS/Fair to Average Technique	10	
OVERALL		MAXIMUM VALUE	TOTAL
EXECUTION	4-5: Good to Strong Overall Execution 3-4: Average to Good Execution 1-3: Fair to Overall Execution	5	
SHOWMANSHIP	4-5: Good to Strong Energy/Projection 3-4: Average to Good Energy/Projection 1-3: Fair to Overall Energy/Projection	5	
CHOREOGRAPHY	4-5: Good to Strong Choreography/Creativity 3-4: Average to Good Choreography/Creativity 1-3: Fair to Overall Choreography/Creativity	5	
IMPRESSION	4-5: Good to Strong Impression/Appeal 3-4: Average to Good Impression/Appeal 1-3: Fair to Overall Impression/Appeal	5	
TOTAL POSSIBLE		50	

RE-TOTAL	
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